



Pos.	Pei.	Nome	Clube	Escalão	Pos.	Tempo	Dif.
1	51	José Durão	Casa do Benfica de Abrantes	M 50	1	00:46:06	
2	218	Helder Moringa	Trilho Perdido Eventos / Imporlux	M 40	1	00:50:38	00:04:32
3	226	Rui Pimenta		M Seniores	1	00:51:08	00:05:02
4	243	António Simões	RX Runners	M 40	2	00:52:19	00:06:13
5	235	Isequiel Silva	Amendoa Team	M Seniores	2	00:53:56	00:07:50
6	254	Carlos Isidro	Cem Quedas	M 40	3	00:55:42	00:09:36
7	261	Manuel Moreno	Morcegos Trail	M 50	2	00:55:58	00:09:52
8	209	João Plácido	União FCI de Tomar	M Seniores	3	00:57:44	00:11:38
9	263	Francisco Prada		M Seniores	4	00:58:10	00:12:04
10	262	Fernando Pombo		M 60	1	00:58:11	00:12:05
11	223	Ruben Évora	OndaTrilhos	M Seniores	5	00:59:22	00:13:16
12	229	Cesar Ferreira	Ourem Vida Team	M Seniores	6	01:01:07	00:15:01
13	230	João Rosa		M Seniores	7	01:03:31	00:17:25
14	250	Samuel Pedro		M Seniores	8	01:03:31	00:17:25
15	244	Fábio Rosa	União FCI de Tomar	M Seniores	9	01:03:38	00:17:32
16	228	Gonçalo Zeferino	Ourem Vida Team	M Seniores	10	01:04:35	00:18:29
17	245	Carlos Constantino		M Seniores	11	01:05:23	00:19:17
18	12	Manuel Silva	Cem Quedas	M 40	4	01:07:11	00:21:05
19	257	Nuno Capito	Caracol Trail Team	M Seniores	12	01:08:43	00:22:37
20	216	Carlos Miguel		M 40	5	01:09:26	00:23:20
21	236	Leonardo Graça	Amendoa Team	M Seniores	13	01:09:48	00:23:42
22	237	Leonel Sereno	Amendoa Team	M Seniores	14	01:09:50	00:23:44
23	239	João Jacinto	Cem Quedas	M 50	3	01:11:05	00:24:59
24	215	Pedro Lopes		M Seniores	15	01:14:46	00:28:40
25	246	Ismael Duarte		M 50	4	01:14:46	00:28:40
26	256	Ludovico Capito	Caracol Trail Team	M 40	6	01:16:42	00:30:36
27	259	Miguel Vitorino	Caracol Trail Team	M 40	7	01:16:42	00:30:36
28	238	Samuel Oliveira	Amendoa Team	M Seniores	16	01:17:16	00:31:10
29	255	Renato Duarte		M Seniores	17	01:18:35	00:32:29
30	217	João Santos	OndaTrilhos	M 60	2	01:22:27	00:36:21
31	220	Jorge Natário		M 40	8	01:22:27	00:36:21
32	224	João Cortegano		M Seniores	18	01:24:53	00:38:47
33	232	Joaquim Ventura	QualquerCoisa Team	M 60	3	01:28:39	00:42:33
34	252	Tiago Brandão		M Seniores	19	01:29:55	00:43:49
35	219	Flavio Francisco		M Seniores	20	01:30:32	00:44:26
36	207	Gonçalo Lizardo	OndaTrilhos	M Seniores	21	01:39:12	00:53:06

Pos.	Pei.	Nome	Clube	Escalão	Pos.	Tempo	Dif.
	222	Hugo Oliveira		M Seniores		DNS	
	233	João Sebastião		M Seniores		DNS	

DESQ - Desqualificado(a) DNS - Did Not Start DNF - Did Not Finish